

# ThinkPad T14 Gen 5 (Intel)

Unlock new AI experiences with this laptop featuring Intel® U and H Series Core™ Ultra 7 Processors that support multitasking capabilities, allowing business professionals to run multiple applications simultaneously without experiencing significant slowdowns. Support for up to 64GB DDR5-5600 memory provides faster data transfer rates compared to previous generations, resulting in quicker data access and improved overall system responsiveness. Moreover, up to 2TB SSD storage offers significantly faster read and write speeds, enabling business professionals to access files, documents, and applications more quickly.



## Redefining possibilities with powerful performance and groundbreaking on-device AI

The ultimate productivity notebook, ThinkPad T Series will keep users productive all day with long battery life, docking and enhanced connectivity options, security and manageability features.

Experience superior audio quality with 2W dual Dolby Audio stereo speakers, perfect for conference calls and multimedia presentations. The optional 5MP camera with a privacy shutter ensures crisp video quality and security for professionals on the go.

Thunderbolt 4 and USB-C 3.2 Gen 1 ports support universal compatibility, power delivery, and ensure high-speed data transfer rates, allowing business professionals to quickly transfer large files such as presentations, documents, and multimedia content.

The 315.9 x 223.7 x 17.7 mm (12.44 x 8.81 x 0.7 inches) compact size and slim profile make this laptop easy to carry around, benefitting business professionals who need to travel frequently or work on the go.

## Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



### Return To Depot Repair Warranty

- No-hassle repair process at a Lenovo service center
- Lenovo pays for all shipping between the customer and service facility
- Avoid unplanned operational expense with a simple annual fee

## Accessories

### Lenovo USB-C Universal Business Dock

- Features a universal USB-C connection that delivers effortless plug-and-play with most USB-C notebooks.
- Has 11+ helpful expansion ports to optimize your workspace and workflow.
- Enjoy lightning-quick data transfers, dual 4K monitors, and rapid charging for notebooks up to 65W.



PN: 40B30090xx

### Thinkpad Essential 16" Backpack (Eco)

- Two internal compartments (one for notebooks up to 16"), two front zipper pockets, and one side mesh water bottle sleeve that ensure you'll never run out of space.
- A padded top handle. And a rear luggage strap. Every feature is crafted for convenience and comfort.
- Elegant black nylon exterior, grey interior lining, and a splash of red accents.



PN: 4X41C12468



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## Performance

### Processor

Intel U or H Series Core Ultra 5/7 Processor (Series 1)

### Operating System

Windows 11 Pro  
Windows 11 Home  
Windows 11 Home Single Language  
Windows 11 DG Windows 10 Pro 64  
Linux  
Ubuntu Linux

### Graphics<sup>1</sup>

Intel Graphics (integrated)  
Intel Arc Graphics (integrated)

<sup>1</sup>Intel Arc graphics only available on select H-series Intel Core Ultra processor powered systems with at least 16GB of system memory in a dual-channel configurations, otherwise it will function as Intel Graphics.

### Memory<sup>2</sup>

Up to 64GB DDR5-5600, 2x SO-DIMM

<sup>2</sup>The max memory is based on the test results with current Lenovo memory offerings.

### Storage<sup>3</sup>

Up to 1x 2TB M.2 2280 PCIe NVMe SSD

<sup>3</sup>The storage capacity supported is based on the test results with current Lenovo storage offerings.

### Audio

High Definition (HD) Audio  
Stereo speakers, 2W x2, Dolby Audio  
Dual-microphone array, 360° far-field, Dolby Voice\*

### Camera\*

5.0MP, with privacy shutter  
5.0MP + IR discrete, with privacy shutter

### Battery<sup>4</sup>

39.3Wh or 52.5Wh battery, up to 11.5 hr, Rapid Charge

<sup>4</sup>Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

### Power Adapter\*

45W USB-C adapter, PD 3.0  
65W USB-C adapter, PD 3.0  
65W USB-C slim adapter, PD 3.0

## Design

### Display<sup>5</sup>

14" WUXGA (1920x1200) IPS Anti-glare 16:10  
- 400nits, 45% NTSC, 3M DBEF5  
- 400nits, 45% NTSC, touch, Eyesafe, 3M DBEF5  
- 400nits, 100% sRGB, low power, Eyesafe  
- 500nits, 100% sRGB, touch, ThinkPad Privacy Guard

14" 2.2K (2240x1400) IPS Anti-glare 16:10  
- 300nits, 100% sRGB, TÜV Low Blue Light (Hardware Solution)

14" 2.8K (2880x1800) OLED AGARAS 16:10  
- 400nits, 100% DCI-P3, DisplayHDR True Black 500, Dolby Vision, Eyesafe

<sup>5</sup>IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

### Keyboard

6-row, spill-resistant, optional backlight

### Touchpad

TrackPoint and glass-like Mylar surface touchpad  
61 x 115 mm (2.40 x 4.53 inches)

### Dimensions<sup>6</sup>

315.9 x 223.7 x 17.7 mm (12.44 x 8.81 x 0.7 inches)

<sup>6</sup>The system dimensions may vary depending on configurations.

### Weight<sup>7</sup>

Starting at 1.31 kg (2.89 lbs)

<sup>7</sup>The system weight is approximate and may vary depending on configurations

### Color

Black  
Grey

### Case material

Black models: PC + 20% CF (top), PC + 20% CF (bottom)  
Grey models: aluminium (top), PC + 20% CF (bottom)

## Connectivity

### Ethernet

Gigabit onboard Ethernet

### WLAN + Bluetooth\*<sup>8</sup>

802.11ax (Wi-Fi 6E) or 802.11be (Wi-Fi 7), Bluetooth 5.3  
Up to Intel Wi-Fi 7 BE200, 802.11be, Bluetooth 5.3

<sup>8</sup>Wi-Fi 6E and Wi-Fi 7 are only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10. Bluetooth 5.3 operation requires Windows 11.

### WWAN\*

4G LTE CAT6 with embedded eSIM  
4G LTE CAT16 with embedded eSIM  
5G Sub-6 GHz with embedded eSIM

### NFC

Near Field Communication\*

### Ports

1x USB-A (USB 5Gbps / USB 3.2 Gen 1)  
1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On  
2x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB PD 3.0 & DP 2.1  
1x HDMI 2.1, up to 4K/60Hz  
1x Headphone / microphone combo jack (3.5mm)  
1x Ethernet (RJ-45)  
1x Smart card reader\*  
1x Nano-SIM card slot (WWAN support models)\*

### Docking

Docking support via Thunderbolt or USB-C

## Security & Privacy

### Security

Discrete TPM 2.0  
Kensington Nano Security Slot  
Smart card reader, supports ISO 7816 and EMV\*  
Touch style MOC fingerprint reader\*  
Camera privacy shutter\*  
IR camera for Windows Hello (facial recognition)\*  
Privacy Guard with Privacy Alert\*  
Ultrasonic Human Presence Detection\*

## Manageability

### System Management\*<sup>9</sup>

Intel vPro Enterprise\*

<sup>9</sup>Intel vPro offers a superset of DASH's defined capabilities

## Certifications

### Green Certifications<sup>10 11 12</sup>

ENERGY STAR 8.0  
EPEAT Gold Registered  
ErP Lot 6/26  
TCO Certified 9.0  
RoHS compliant

<sup>10</sup>The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration.

<sup>11</sup>EPEAT registration and ENERGY STAR certification are dependent on system OS.

<sup>12</sup>EPEAT is registered where applicable, please see [epeat.net](https://epeat.net) for registration status by country.

### Other Certifications

Eyesafe Certified 2.0\*  
MIL-STD-810H